Conference 1987

it is the quality of life
that is important

News Release - Ottawa - 27 October 1987

Disabled activist prepared to go to jail

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After two years of ignoring and lying about the issue, even after being informed of several deaths, instead of responding in an adult manner to a long series of complaints, Jake Epp's office sent the advertisement on the reverse to the Ottawa Police and asked them to deal with this "nuisance". Health and Welfare has issued statements which, uncorrected, continue to be severely damaging to me and my pals, and we have been after them, but really...

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About two and a half million Canadians and countless others heard or read about the issue as a result of the Brick, through inquiries from journalists in every province, and from Honolulu, Hawaii, to Bitburg, Germany. Without exception, both the humourous intention and the real message of the "FRESH AIR Brick" were understood by reporters and interviewers, almost without explanation. Many journalists who called were bothered by low-level pollution in their own workplace. (Some said the Brick is a smashing idea.)

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THE HUMAN ECOLOGY FOUNDATION OF CANADA

THE HUMAN ECOLOGY FOUNDATION OF CANADA

SECOND ANNUAL CONFERENCE

OTTAWA, ONTARIO SATURDAY, APRIL 4, 1987

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AGENDA

"ENVIRONMENTAL HEALTH, CHEMICAL DISABILITY"

8:30 WELCOME

9:00 ANDIDA AND - Dr. Aristo Wojdani
NE SYSTEM

9:40 TH EFFECTS - Dr. L. Trainor
LDS

10:20

10:50 E DISEASES - Dr. Ross Hume-Hall

11:10 RMARKETS Dr. Catherine Davies

11:30

****

12:00

****

art Hill

2: Rea

3:00

ENVIRONMENT

it is the quality of life
that is important

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More important, activities associated with Brick brought funding to rehabilitate the homes of people with this disability, and letters of support from 13 cabinet ministers, (all the important ones except Mr. Epp). The "FRESH AIR Brick" also helped get funding for a national conference on the subject (through David Crombie's and Tom McMillan's offices), at which we were proud (at long last) to announce our official legitimacy in Ontario and a couple of other provinces.

Jean-Charles Girourard, replying to a call to The Hon Elmer Mackay's office (Revenue Canada) tells me that my refusal to co-operate with taxation officials will soon land me in jail. (I invite his minister to do as he pleases.)

Thanks. Improved coverage, both locally and nationally, has brought great relief.

CB

Chris Brown
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CHAMBRE DES COMMUNES
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COMMUNIQUÉ

For Immediate Release December 18, 1987

ENVIRONMENTAL SENSITIVITY DESERVES FEDERAL RECOGNITION

OTTAWA - The plight of countless Canadians suffering from environmental sensitivity deserves the immediate attention of the federal government, said Sheila Copps today.

Environmental sensitivity has often been referred to as Sick Building Syndrome, Total Allergy Syndrome, and 20th Century Disease.

The environmentally sensitive suffer reactions to chemicals and compounds in the environment. New federal construction should reflect an awareness of Sick Building Syndrome and federal departments, including National Health and Welfare, should be researching the prevention and cure of this crippling disease.

"Regardless of the title given the condition," said Copps, "I hope it will not take until the 21st Century before this disease is eliminated."

- 30 -

Help urged for victims of environmental illness

BY CHRISTIE McLAREN
The Globe and Mail

The suicide of a young Ontario man has prompted the province's chief coroner to urge the government to help people who are crippled by environmentally related illnesses.

A Timmins man shot himself in the head last June, after suffering for eight years from a series of health problems diagnosed as environmental hypersensitivity.

His requests for help, including a disability pension, from government agencies were brushed aside by officials who insisted that his problems were all in his head, Chris Brown, a spokesman for the Allergy and Environmental Health Association, said yesterday.

"The reasons for his suicide are obviously very complex but there seems little doubt that the frustrations and problems encountered concerning his environmental hypersensitivity contributed to his ultimate demise," Dr. Ross Bennett, Ontario's retiring chief coroner, wrote in a letter to the deputy ministers of health, housing and community and social services.

Environmental hypersensitivity is an umbrella term given to a series of health disorders that may be caused by a person's unusual sensitivity to chemicals, food or other agents in the environment.

Dr. Bennett noted that, although the scientific basis for the disease is under study, the government should not let sick people fall through the cracks in the meantime. "Clearly these people are suffering and tradition in this province dictates that they are treated in a compassionate and caring manner."

The government ministries "need to establish some clear guidelines as to what they are prepared to provide in the way of services and benefits to the people affected by these disorders."

Government officials from all three ministries — including Valerie Gibbons, deputy minister of community and social services — said yesterday they knew nothing of the chief coroner's letter.

The Housing Ministry provides some help to such people through rent subsidies, public housing for disabled people, and renovation grants to help make houses environmentally clean.

However, the prime responsibility for government policy rests with the Health Ministry.

ENVIRONMENTAL HEALTH

it is the quality of life
that is important

4-4-87

Jim Bradley - First to feel low level poll.

~~Jim~~ Evelyn / NDP

Her support + help -
Industrial disease - Environmental problem
Have brought of pollution as structural
Wages - Now have to see it as one
big problem -

6000 people die in Ontario with dust
result of ~~pollution~~ industrial disease (work)
=> Report Took very long To be

Need compensation system
Uranium workers } not recognized
Silica " "

Treat + eliminate causes
Thompson Report

Dr. WOJDANI (Israël)

Prolific writer – Psychotonic testing

Candida ↔ Immune system

Immunological disease not industrial

fighters = [Bone marrow – spleen – Thymus
lymph node

Macrophage

T-Cells ← T helper cell – help macrophage
T suppressor cell – stop prod. of antibodies

B-Cells → antibodies IgG, IgE } normal protect body
IgA

allergy ← IgE, IgA } abnormal

Fungi & bacteria can grow on chemical (ex. urea formaldehyde)

Chemical sensitivities

Stats US – Lung cancer 1st killer
pcq quantité de prod. Chim. à éliminer (pumpkin)

– Interferon produced by T-Cell

Candidiasis

Microorganism opportuniste – Lorsque système immunitaire affaibli, il takes over –

Selling his test –

Test shows imbalance in stomach
↳ Toxins
↳ antibodies against candida mycotoxin

Lymphocytes & sera
intolerance → vaginitis

Integrity of gut mucosa

Food antigènes get in system
→ antibody response → allergy

International J.
Immunotherapy
Suppl. II, 19-23 (1986)

Treatment

- Diet elimination
- antimycotic agents (Nystatin)
- lactobacilles, tea & other herbs (garlic)
- vitamins
- immunotherapy with extract

Neuro or physchostress

Destruction essentielle

Vojdani → Diet - (4)
omega 3 = fatty acid
where?

Professor Trainor (Cyprus)
Physics - theory

Electromagnetic fields
Gravite
electromag
weak interaction
strong interaction
} forces de nature

I) If you can't see or detect with does not mean, it does not exist.
Ex. energ. atomique -
EMF ⇒ responsible for structure of atoms
⇒ molecules, etc., tissue -

opale

EMF annu — impression by devils
pcf — cave —
Principe d'organisation — / Thunder
— Concern about power lines —

EM Radiation ⇒ direction of propagation
to see feel ⇒ detector

EM Field ⇒ 2 ~~electrical~~ charges (−, +)
= ⇒ mouvement de charges électriques
↳ pas de pole magnetique
↳ space time distribution. It
is generated by matter & acts back on matter
carries energy, momentum

Electrical field ⇒ } more perpendi-
Magnetic field ⇒ } calarity one
to the other

Trainor ⇒ radiations from
Computer Reminds?

Detected by oscillator / human body
is the ultimate
detector at
the ranges —

Controversial area of

Hypersensitivity

Dr. Heine-Hall — Nutrition
Dr. Davies

Osteoporose — more in mass
Calcium — some in blood. if level drop → dead
↳ rises instantly
drawn from bone ⇒ blood ⇒ not back as
↳ strategic system. rapidly

Improve total diet

Geriatrics → biochemistry slows down
eat less + process of absorption slows (gut)

Supplementation all B+ minerals+
Serial c vitamins & Celine, mycostat, Carnotine, PAPA,

Body requires → usually makes it up.

---

10 point diet

1. Cut down meat ± phosphate / - fat / (veal o'k) (Kalium content in meat) (quality meat)
2. Cut down on dairy products (go for skimmed milk)
3. Avoid all fried food (any pan-fried) for fat
4. Step down on salt / plenty as is
5. Add fresh fruit (nutrients, vit., min.) (raw & fresh)

Dr. Katherine Davis //

~~Chemical~~

Fresh food in supermarket

Organic chlorine pesticide residues (extensive use until 1960s)

Overall human exposure in Ontario

Assume averages diet exists → for their study - Based on stats Can. on food purchases → ~~overestimation~~

Breastfeeding ↑ + length of it

PCB - DTT not others

Meat → ↓ (70-80) | Fruits & Veg. - poor data

Eggs → ↓

Grossly inadequate data → study of their own

analyse 5 food composites → overall

Root / Fresh / Leafy / Milk

Toronto August 85

Study ~~in~~ Ont. Grt. ... underway.
Study by Japanese published

Not considered enough amount of chemical contaminants in food – especially since a lot of them are banned (either very persistent in soil or new inputs in the environment)

Chemicals travel from remote sources – (Atmospheric deposition)

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TELEPHONE (519) 746-4144

THE HUMAN ECOLOGY FOUNDATION OF CANADA

SECOND ANNUAL CONFERENCE

OTTAWA, ONTARIO SATURDAY, APRIL 4, 1987

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AGENDA

"ENVIRONMENTAL HEALTH, CHEMICAL DISABILITY"

8:30	OPENING REMARKS AND WELCOME	
9:00	THE RELATIONSHIP OF CANDIDA AND CHEMICALS IN THE IMMUNE SYSTEM	- Dr. Aristo Wojdani
9:40	THE INFLUENCE AND HEALTH EFFECTS ON ELECTROMAGNETIC FIELDS	- Dr. L. Trainor
10:20	BREAK	
10:50	NUTRITION IN DEGENERATIVE DISEASES	- Dr. Ross Hume-Hall
11:10	CHEMICAL RESIDUES IN SUPERMARKETS	- Dr. Catherine Davies
11:30	PANEL DISCUSSION	

****

12:00 - 12:45 LUNCH

****

12:45	ANNUAL GENERAL MEETING	
1:45	PRACTICAL ALTERNATIVES TO PESTICIDES IN GARDENING AND YARD MGT.	- Dr. Stuart Hill
2:05	PESTICIDES, HERBICIDES & OTHER CHEMICALS RELATED TO CHRONIC HUMAN DISEASE	- Dr. Wm. Rea
3:00	BREAK	
3:20	PRACTICAL MEASURES FOR CONTROL OF INDOOR AIR POLLUTION	- Bruce Small, P. Eng.
4:00	PRACTICAL METHOD FOR WATER TREATMENT IN THE HOME	- Dr. Virginia Salares
4:30	SUMMARY	

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Clinical Ecology, Survival and the Philosophy of Medicine

Jozef J. Krop, MD
St. Joseph's Health Centre
Toronto, Ontario

Abstract

There is increasing pollution of our water, air, food, homes, schools and workplaces.

Uncontrolled dispersion of toxins and radioactive materials into the biosphere is effected by industrial farming and heavy industry. Toxins, as free radicals, are contributing to degenerative diseases and particularly to a malfunctioning CNS. They also contribute to a decline of individual and societal ethics.

Acid rain decreases magnesium in the soil, the only microelement uniting animal and plant kingdoms, through photosynthesis, with our solar system.

The crisis of medicine today lies in the 17th century Cartesian philosophy generally accepted in medical schools. A solution lies in a return to the Hippocratic understanding of a patient's problem in relation to his environment.

Keywords: Pollution, ecosystem, photosynthesis, magnesium, brain malfunction, ethics, prevention, cost-effectiveness, Descartes, Hippocrates.

Development has always held the potential for self-destruction and today, unless we become aware of the functional harmony of life on this fragile planet, we may fulfill that potential. We discuss the effects of the environment on forests, agricultural land, plant and animal species but virtually ignore the real threat to the very existence of the human species. Good health and the prevention of premature death and suffering are goals which all peoples value.

The elements of modern geopolitical systems are interrelated. In harming our neighbor we harm ourselves.[1] Every day new information surfaces about the increasing pollution of the entire ecosystem, the spreading of many industrial and military toxins into the biosphere, the spreading of pesticides and herbicides,[2] about radioactive dust present a thousand kilometers from the site of an explosion[3] and universally present acid rain.[4] Many industrial wastes are bio-chemically active in the form of "free radicals" which eliminate from the natural environment and the food chain very important minerals such as zinc, magnesium, selenium, cobalt and vitamins C and A. These elements are natural antioxidants providing protection against degenerative and neoplastic processes.[5,6]

Acid rain removes from soil magnesium which, in chlorophyll, is the one vital mineral necessary to the process of photosynthesis. Without magnesium, a plant cannot produce oxygen and without oxygen we cannot survive.[7,8] The complementary worlds of plants and animals can only exist in a state of dynamic equilibrium which must be preserved. Today's worst crisis is an ecological one which cannot be solved locally.

It is known that in situations of unethical action and wrongdoing, there are pathological processes and/or external factors influencing the functions of the brain. Many people would be unable to commit transgressions without the influence of alcohol or drugs. A similar effect can be brought about by heavy metals such as lead and various chemicals occurring in our food, polluted air, contaminated water, workplaces and homes.[9]

Various pathological phenomenon, such as poor human interrelationships, aggressiveness, crime without motivation and terrorism, have their roots in a malfunctioning brain overloaded by toxins.

Neurobehavioral Toxicology proves that toxins in a very small dose can damage the human brain and cause a variety of behavioral and emotional symptoms such as hallucinations, confusion, depression, loss of memory and decreased intellectional functioning.[10,11,12]

We know that a human being is only able to maintain his integrity, identity and sovereignty as long as his psychological processes are energetically supported by the correct supply of nutrients. Intoxicated brain function becomes subclinically abnormal. When the battery of a calculator begins to weaken, the calculator can perform only simple functions and fails with complicated ones. A polluted brain works, by analogy, in the same way. It can perform its basic functions of maintaining breathing, circulation, instincts of hunger and sex but higher functions such as love, friendship, sharing or social responsibility are distorted. So one can propose that moral philosophy and ethics are ecologically conditioned; that man, in destroying his environment, destroys himself, and his fading sense of guilt leads to further destruction of his environment.[13] Important investigations into the interrelationship between ethics and the environment are being carried out by Prof. Dr. J. Aleksandrowicz of the Jagiellonian University in Poland.

It would be easier for many of our political leaders, executives and scientists to acknowledge this threat if people were dying massively from environmental pollutants. Unfortunately, this poisoning does not appear, in the majority of cases, in an acute form but manifests itself as the chronic diseases of civilization which include cardiovascular and collagen disorders, neurological disturbances, schizophrenia, environmental hypersensitivity, cancers and a totally malfunctioning immunological system in the form of AIDS.

Clinical ecologists are the first among the world community to realize clearly this threat and are often successful in treating and preventing environmental illness thanks to the pioneering work of Randolph[14] and others. Drs. W. Rea,[15,16] F. Waickman,[17] and I[18] have also shown the preventive and tremendously cost-effective character of clinical ecology. Based on these studies, the ratio of standard medical therapy cost to ecological therapy cost is 10:1. So we have to ask why Clinical Ecology is so vehemently criticized. Why are there so few ecologists and wherein lies the problem of acceptance?

The failure to understand the cause of the disease process and its multi-systemic manifestation lies in the 17th century Cartesian philosophy,[19] deeply rooted in the medical schools of the North American continent. This philosophy applied to medicine understood that the human body is a machine. This led to a division of the human body into many anatomical parts and created more and more specialists for different organs with a lack of understanding of the relationship among these parts.

Another devastating influence of Cartesian philosophy lies in its dualism; where there is no interaction between the body and the mind. This creates a strict division between sickness starting purely in the brain or purely in the body with no understanding of its unit and relationship between the two and with the environment. The strict application of pure science into medicine today leads into a situation of "science for science" with no practical solution for problems in spite of their common sense and simplicity of existence.

There is a tendency to believe that many modern civilization diseases cannot be helped because the therapeutic methods have not been proven scientifically. Double-blind studies either have not been performed or failed to prove the validity of the methods. This strict application of pure science into medicine creates among many physicians and their patients a feeling of therapeutic nihilism, which means that nobody can be cured or helped if applied methods have not been scientifically proven. This approach clearly indicates to us why, in spite of visible deterioration of our environment, there is still a request for more and more studies required by the scientific community and governments who employ them. This is the reason why the Judge Thomson Committee Report,[20] in spite of its acknowledgement that many people are sick from environmental causes, has to be studied and reviewed by another panel of scientists. Meanwhile, sick people who are affected by the environment still do not have the appropriate care and support they deserve.

Preventive medicine can only develop if, in its teaching, it returns to the basic philosophy of Aristotle who stated many centuries ago that "to understand the man, we have to understand his world, the environment he lives in." This leads us further into the Hippocratic teaching that "Medicine is not a science but an art." Another fundamental Hippocratic statement was that "Every disease has its own nature and arises from an external cause."[21]

Hippocrates taught us about the effect of food, occupation and specific climate as a causative factor of many diseases. One of his books titled "*Air, Water and Places*" would be considered today to provide a fundamental basis for human ecology as practiced by some clinical ecologists. Hippocrates also states as part of his oath an ethical code adopted by many medical schools throughout the world, that "The regimen (treatment) I adopt shall be for the benefit of my patients according to my ability and judgement." This means that patients do not need to wait until science proves ecological methods. Patients need help now.

There are several areas in which changes can be instituted to prevent many diseases in today's society.

At home, the individual patient should institute an ecological management program by:

(a) creating a safe and clean home environment;
(b) changing the lifestyle for the entire family (diet, non-smoking, exercise, etc.);
(c) creating harmony and mutual understanding within the family.

In the workplace, the main effort should be eliminating the "sick building syndrome" by:

(a) the use of safe materials for interior furnishings;
(b) better systems of ventilation;
(c) banning the use of tobacco;
(d) re-evaluation of threshhold values;
(e) cease indoor pesticide use;
(f) creating a sense of co-operation between employers and employees.

The schools should:[22]

(a) cease indoor painting during the academic year;
(b) cease indoor pesticide and outdoor herbicide spraying;
(c) use safe teaching materials in classrooms;
(d) use safe cleaning products in school maintenance;
(e) use safe heating systems and water supply;
(f) use safe flooring;
(g) create environmentally safe classrooms for children with environmental hypersensitivity;

(h) begin early nutritional and pollution awareness education.

In general, we should:

(a) strive not to "conquer" the environment but rather learn how to live in harmony according to the laws of nature, to realize our place among organisms and admit our obligations towards our global neighbors and future generations;[23]
(b) decrease our dependence on materialistic goods;
(c) stop the pollution of our air, water and food supply;
(d) promote organic means of pest control;
(e) encourage cooperation with organic growers' associations to institute safe agricultural methods;
(f) obtain recognition of the existence of environmentally ill patients;
(g) establish funds for research into environmental sensitivity;
(h) create environmentally safe half-way houses created for those patients discharged from an ECU or who are recovering from chemical exposure;
(i) add Clinical Ecology and Environmental Medicine to the curriculum of medical schools;
(j) make ecologism the philosophical basis of medicine;
(k) introduce the concept of ecological ethics to our political leaders, corporate executives, scientists, teachers, health professionals and our youth;
(l) return to a Hippocratic understanding of medicine.

A very real threat to our survival comes from the persistent destruction of the life-support systems this planet provides us and we need to re-awaken an ethical philosophy for dealing with the complex issues facing us today.

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Mission Statement

The Human Ecology Foundation of Canada is an organization to promote a cleaner environment in order to correct and prevent the development of environmentally induced illness.

Goal- To promote awareness of Environmental Hypersensitivity in the community at large.

Objective-To form an education committee by June 1987. This committee is to be composed of representatives from Education,Media, Healthcare,Consumers,and the Environmentally Ill.

Action Step-Lynda to prepare statement from mission statement and goals for the annual meeting April 4 1987.

Goal- To establish a vital,strong,active membership.

Objective- The board will review the bylaws to see the numbers of board members required.
The board will recruit 4 quality members .

Action- The goals and mission statement will be presented to the annual general meeting April 4,1987.
The board will identify where the board meetings will take place.
The board will identify when the meetings will take place.
The board will set up communication with other like groups.

Goal- To generate sufficient funds to promote the mission statement.

Objective- To raise $12,000 by October 1987.
To maintain funding sources for ongoing funding.

Action- To gather request for funds from committees.
To put together a budget from committee submissions.
To approach by letter- Membership,Board members,Society members, Health food stores etc. for donations.

If you are willing to be envolved in either the actions or volunteer in any other capacity ,Please sign and detach the following.

Name_____

Address_____

Phone Number_____

Capacity_____

Comments_____

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Klaire Laboratories Inc. 1573 W. Seminole Street San Marcos, Ca. U.S.A. 92069	Claire A. Farr,President
Smith's Pharmacy 3477 Yonge Street Toronto Ont. M4N 2N3	Mr. Peter Smith 416-484-1149
Purity Life Health Products 21 Mill Street West Acton Ont. L7J 1G3	Mr. David Chapman 519-853-3511
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Allergy Immuno Technologies,Inc. 1527 Monovia Avenue Newport Beach CA 92663	Aristo Wojdani,Ph.D. 714-645-2111 714-645-3703
Clean Air Machine P.O. Box 549 Cobourg, Ont. K9A 4L3	Mr. Art Tibbits 416-372-8853
Forever Living Products 4-C Forester Crescent Nepean Ont. K2H 8X9	Mr. Daniel E. Wildgen 596-5907
AGES 203 Cullum Court Burlington Ont. L7T 4A9	Ms. Marie Laurin

Ottawa Chemists 192 Laurier Avenue W. Ottawa Ont. K1P 5J8	Mr. Greg Etu 235-3993
Connaisseur Services 1716 Atmec Gatineau P.Q. J8P 7G7	Mr. Paul Brazeau 663-0356
H.E.F. Box 11428,Station 'H' Nepean Ont. K2H 7V1	Virgina Salares President 839-5667
Dickie Enterprises Colorado Food for Fitness	
Environmental Polarity Research P.O. Box 22528 San Diego , C.A. 92122	James Gibson 619-455-5377
Clearwater Distillers 14 Argyle Drive Perth Ont. K7H 3G9	David R. Hunt
Water Purification Systems 537 Brent Street Burlington Ont. L7R 2B6	Mr. Bill Brennen 416-639-0503
Computer Services by RJS Electronics Nepean Ontario	Mr. Robert Swarren 613-825-4913

THE HUMAN ECOLOGY FOUNDATION OF CANADA

The Human Ecology Foundation of Canada

Head Office: 465 Highway #8, Dundas, Ontario, Canada L9H 4V9
Branches: Hamilton, Kitchener, Ottawa, and Toronto

send reply to:

HEF, Toronto Branch
65 Dollyvarden Blvd.
SCARBOROUGH, Ontario
M1H 2K2

WE NEED YOUR HELP!!!! WE NEED YOUR HELP!!!! WE NEED YOUR HELP!!!!

THE HUMAN ECOLOGY FOUNDATION OF CANADA

The Human Ecology Foundation is a charitable organization under Canadian law, operating on a non-profit basis. One of the purposes of our Foundation is to promote the free exchange of information on the prevention and treatment of ECOLOGICAL ILLNESS. People who are ecologically ill and/or environmentally hypersensitive are no longer able to adapt well to common and increasing exposures in their everyday environment. They may develop a variety of chronic or acute symptoms that are brought on by substances in the air, in food, in water or in their home/or work environment.

On a local basis, HEF branches work toward finding sources of chemically less-contaminated food, water, clothing, and household furnishings as well as providing counselling on changes of lifestyle that may alleviate symptoms. The Foundation is also becoming involved at all levels of government in order to serve the patient to the fullest. Education and research are new areas which are being implemented in the Foundation.

All of this requires many volunteer hours of hard work, and no pay. In order to gain the credibility that Clinical Ecology deserves as well as to provide a service to the community which is more productive, effective and efficient, your financial support is needed.

Please give generously to this extremely valuable Foundation. Although you may not need our services at this time, you may need them in the future. Thank you for your financial support. Please return your donation to JEF, Toronto (address above) at your earliest convenience.

Thank you
Wanda Wilson

(Miss) Wanda Wilson, E.C.E., C.
President, H.E.F., Toronto

$1,000..... $500.00..... $100.00...
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(any contribution over $10.00 is tax deductable)

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